HOW DO YOU START AN F1 RACE?

Grands prix used to be kicked off by a man waving a flag (and then getting out of the way *very* quickly). Modern F1 has a high-tech alternative...

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he tension. The excitement. There's nothing more thrilling in F1 than the start of the race, when the five red lights go out and 20 cars blast into motion.

The man who has been responsible for starting races for the last decade is Charlie Whiting. When he decides the race can commence, his index finger presses a button marked – oh yes – 'start'. In such a complex sport, it's probably the most simple thing of all.

Up on his gantry overlooking the grid, he uses a box of tricks that controls the start and pitlane lights. As the drivers come to rest on the grid, Whiting will be looking for any driver who has stalled, but if there is no need to abort, the five red lights are illuminated, one-by-one. This system was introduced back in 1996 (Bernie's idea, apparently) to increase the tension prior to the start. But why did F1 decide to ditch the green lights? "A couple of times in the past, the green didn't come on because of a malfunction and the race still started," says Whiting. "So that was a clear indication the drivers were only looking at the red lights going out."



F1 race director Charlie Whiting has been starting grands prix for more than 10 years



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